



12th Annual Power Up with Milk

REP HOCKEY Tournament in Prince Edward County

2023 Divisions are:

U11 (10 teams)

U13 (10 teams)

U15 (10 teams)

U18 (8 teams)



WELCOME TO PRINCE EDWARD COUNTY

We are very pleased you chose the 2013 Milk Up Rep Tournament. Please be sure to read over the Rules and Regulations to familiarize your- self with this important aspect of the smooth operation of the tournament.

KEY RULES & REGULATIONS

All rules and regulations, including infractions, suspensions and discipline are subject to OMHA rules.

Team rosters are limited to 19 players, including goalies. Rosters need to be submitted in advance of the Tournament. However, if a more up-to-date Roster becomes available, please bring on the opening day of the Tournament.

Team officials are responsible for their players and parent's conduct both on and off the ice.

Game sheets will be available for completion, signatures and pick- up at the Arena Control Desk. They will not be taken to the Dressing Rooms. Please advise your coaching staff. Game sheets will be electronic.

Have the Manager check in with Arena Control no later than 45 minutes before each game; teams need to be prepared to play 15 minutes prior to the scheduled start of the game.

All games are 10-10-15 with a 2 minute warm-up; that starts the moment the gates to the zamboni are closed. There will be a buzzer at 30 seconds remaining to keep things moving; Championship Games are 10-10-15 with a 3 minute warm-up (time permitting and subject to change).

All time is stop time, including overtimes, unless one team has a five goal lead as per OMHA Rule 19.1. In the third period the time will run unless the differential is closed to 3 goals. Otherwise the only other time the clock will be stopped is when an on-ice injury takes place. Penalty time counts down with the game time clock. The scoreboard will not display more than a 6 goal gap. There will be no time-outs in preliminary, play-in or quarter final games. A 1 minute timeout can be called by each team in the Championship or Semi-Final Game.

All teams will bring two sets of sweaters. The team assigned to be home will wear light colour; visitors will wear dark. Referee will have final say.

The Tournament Chair and/or PECMHA President will have final say in all questions or disputes arising from the tournament.

Handshakes will occur at the beginning of each game.

Ice-resurfacing will take place at the end of each game.

Each team is guaranteed four games. However, if the tournament is unable to provide a team the guaranteed 4 games due to unforeseen circumstances regarding facility equipment malfunctions or game official shortages a reimbursement consideration of up to \$175 will be given. In the rare occurrence that a game needs to be canceled due to unforeseen circumstances, each team will be awarded with a tie.

SUSPENSIONS

Suspensions received during the tournament will be served in the tournament as follows:

- a. Any fighting or match penalty results in expulsion from the tournament. In addition, a copy of the game sheet will be sent to the team's minor hockey organization for further action;
- b. Any penalties or other suspensions (other than those cited in 'a.') will be served in the tournament.
- c. The Convenor's ruling on any issue arising from the Tournament concerning Suspensions is final

PRELIMINARY GAMES / CONSOLATION GAMES

There are various formats based on the number of teams in each division. Regardless of the format, the following will apply. Game lengths are 10-10-12 stop time, unless goal differential rules previously noted apply then it will be straight time. There is no overtime or shootout in the Preliminary or Consolation Round Games; and no timeouts.

Point allocation by game will be as follows for your team's game result:

WIN = 10; TIE = 5; LOSS = 0

Teams will be seeded based on their point totals in the preliminary rounds to determine matchups in the finals.

If Teams are tied in Points after the Preliminary Games then the following will be used to break the tie(s) and decide seeding position:

1. Winner of the game played between the tied teams, if happened
2. Team with best total Goals For Percentage (Total GF/(Total GF + Total GA))
3. Coin Toss (Home is heads / Away is tails - position based on who was who in the game against each other; or if teams did not play tournament convenor will assign teams for coin toss.)

BREAKING TIES IN CHAMPIONSHIP

If the two teams are tied at the end of the 10-10-15 game, the following will be used to break the tie and to declare a winner. This applies to the Play-In, Quarter Finals, Semi-Finals and Championship Final Game.

1. 3 Minute Straight Time Sudden Death Overtime (3 on 3 overtime play). Teams may continue to change lines, pull goalie at any time if desired.

2. 3 player shootout.

3. 1 player shootout until a decision is reached. Teams must rotate through all players on the bench before a player can shoot a 2nd time.

ASSIGNMENT TO THE NEXT ROUND

U11 & U13 DIVISIONS

After 3 preliminary games, teams will be seeded 1 through 10 based on their point total to determine consolation and quarter final game opponents.

Consolation Game:

9th vs 10th

P2 - 8th vs 9th

Quarter Finals:

QF1 - 1st vs 8th QF3 - 3rd vs 6th

QF2 - 2nd vs 7th QF4 - 4th vs 5th

Winners of each Quarter Final will proceed to Semi-Final Games.

SF1 - Winner QF1 vs Winner QF4

SF2 - Winner of QF2 vs Winner QF3

Winners of Semi-Final games proceed to the Championship.

U15 DIVISION

After 3 preliminary games, teams will be seeded 1 through 10 based on their point total to determine play-in and quarter final game opponents.

Play-In to quarter finals:

P1 - 7th vs 10th

P2 - 8th vs 9th

Quarter Finals:

QF1 - 1st vs Winner P1 QF3 - 3rd vs 6th

QF2 - 2nd vs Winner P2 QF4 - 4th vs 5th

Winners of each Quarter Final will proceed to Semi-Final Games.

SF1 – Winner QF1 vs Winner QF4

SF2 – Winner of QF2 vs Winner QF3

Winners of Semi-Final games proceed to the Championship.

U18 DIVISION

After 3 preliminary games, teams will be seeded 1 through 8 based on their point total to determine quarter final game opponents.

Quarter Finals:

QF1 - 1st vs 8th QF3 - 3rd vs 6th

QF2 - 2nd vs 7th QF4 - 4th vs 5th

Winners of each Quarter Final will proceed to Semi-Final Games.

SF1 – Winner QF1 vs Winner QF4

SF2 – Winner of QF2 vs Winner QF3

Winners of Semi-Final games proceed to the Championship.

DRESSING ROOMS

Dressing Room assignments have already been made. See attached schedule. Please be sure to vacate your dressing room as quickly as possible. In Picton particularly there may be times when turnaround needs to be 15 minutes from the end of the game. The Control Desk will let you know before the game if this is the case.

There will be a Girl's Change Room at all rinks. Please confirm with the Control Desk for room number.

TEAM AWARDS

Winners of the following games will receive additional recognition. Those will be distributed with Team Welcome Bags.

Championship winners receive a custom miniature

banner

Finalists winners receive a custom miniature banner
Championship Team will win a 3' x 5' Banner suitable for hanging

All Tournament Participants receive a 2023

MILK UP custom T-shirt

SCHEDULE

We have done everything we can to accommodate the special needs of the teams we are aware of (made in advance). Other than an error, consider the schedule final as of October 20. However, PECMHA reserves the right to make changes if required. All involved teams will be notified. The schedule will be posted on the PECMHA website and scores, etc. and that will be the source for determining who and when teams advance and Championship teams and times are.

THE HOME HARDWARE PLAYER OF THE GAME

Every team will be asked to recognize one player on their team with the Player of the Game.

Picton
The logo for Picton Home Hardware Building Centre features a stylized 'hh' in a red and yellow square, followed by the words 'Home hardware building centre' in a bold, sans-serif font. 'Home' is in black, 'hardware' is in red, and 'building centre' is in red.
613-476-7497
info@pictonhomehardware.com



THANKS TO ALL OF THE SUPPORTERS

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Recognition Awards

The Home Hardware Player of the Game

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County Weekly News / 99.3

Silent Auction

Families and Players of the PEC Kings Teams

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**THANKS FOR COMING
TO MILK 2023!**